



Finding the Right Care for Your Child

Many children will spend part of their day in some form of child care setting and finding high quality, affordable child care is important.

Resources and Referrals

We understand no two family situations are the same. Your program can help you determine which options will best meet your family's needs and can provide you with a customized list of resources and referrals.

Resources and referrals include:

- In-home and out-of-home child care
- Child care options for non-standard schedules
- Before- and after-school care, and summer care
- Child care facility accreditation and state licensing requirements
- Child care options that meet your unique needs
- Evaluating providers

"I work until late in the evening. Where can I find child care that can accommodate my schedule?"

"My child has a fever, so she can't go to day care. But I can't miss work. What can I do?"

Get Expert Help

Our Bachelor's and Master's level specialists are accessible any time during the day or night, seven days a week to provide personal assistance every step of the way.



Employee Assistance Program

1-800-327-8705

For TTY Users: 1-800-456-4006

You have the right and responsibility to evaluate and choose the most appropriate services to meet your demands. The referrals given are not endorsements or recommendations of services. Although we make every effort to ensure that the information is accurate at the time of referral, information is subject to change.